



Children of Prayer Bible School

COURSE TITLE: The Word of God

LESSON NO: 9

LESSON TITLE:
More Reasons - Why We Meditate



ACTIVITY

So, here's the first verse: In Exodus 6:2, "God spoke to Moses and simply said,

So if I was meditating on this, I would ask,

- What does "LORD" mean?
- What kind of Lord are you?
- Are there many Lords?

You meditate on Exod 6:2 and ask Holy Spirit your own questions.

Here is verse #2:

From now on you are going to find out ***what kind of Lord He is!*** In Isa 45:5, God says:

I am the LORD, and there is no other; There is no God besides me.

- WOW – what do you learn about the LORD from this verse?
- Lord, do you have other names?
- What can YOU ask Him about this verse?

Here is verse #3: In Jer 32:27 God said,

I AM THE LORD, the God of all flesh! Is anything too hard for me?

Questions to Ask the Lord

What does, "God of all flesh" mean?

Are you just the God of Israel?

What kinds of things do you find hard to do, to change, to fix?

Here is verse #4: Isa 42:8 says:

"I AM THE LORD – *That is my Name – and my glory
I will not give to another."*

Questions to Ask the Lord

- Lord, what is your glory like?
- What does, "glory" mean?
- Lord, please show me your glory..

Here is verse #5: : Isa 43:11 says

***I, even I, am the LORD,** And besides Me there is no Savior*

Lots of people in this world think they can save themselves, just by living a good life.
Hmm – is this true?

- Is that what God SAID in Isaiah 43?
- Can I know you, LORD?
- Do you know me?
- Are you **my** Savior?

Here is verse #6 - Exod 15:26 says:

I am the Lord *who heals you!*

Example Questions to Ask the Lord

- What is healing?
- Have you always healed?
- Lord, will you heal me?
- Lord, do you heal everyone?

Can you see boys and girls that each one of these verses opens up for us MORE of what God is like?

Then when you meditate, you will see even more because God the Holy Spirit will give you more understanding. He knows everything about what the words "I am the Lord" mean..

Remember, you can use the meditation templates which are on the website ***right underneath Lesson 8.***