## **Children of Prayer Bible School**



## Return of Jesus Course Lesson 16 Birth Pains

Here are some ways to get ready for the birth pangs.



Instead of being afraid, what can you pray? write your prayers in the boxes below.

Instead of being angry, how can you pray?

Instead of being sad, how can you pray?

How can you look at Jesus and get to know Him day after day?



How can you receive His love?



How can you practice trusting Him now?





Make a colorful check mark in this box each time you connect with the Lord in one of the above ways.